# ANNEXURE B

# Bryanston Parallel Medium (BPMS) Sports Policy

#### 1. **Aim of the policy**

To align all sport with School Policy regarding participation, competition and general points of importance.

### 2. Introduction

All learners are encouraged to participate in at least one summer and one winter activity at the school. Competitors are entered into where strength opposes strength and sportsmanship and the activity itself is the winner.

#### 3. **Mission statement**

BPMS is committed to providing the best sporting environment and facilities possible, so that every pupil in the school is able to play the sport of his/her choice, guided by quality coaching and instruction. This commitment endeavours to provide for the full spectrum of BPMS sportsmen and sportswoman – from scope for the ambitious talented learner, to be prepared for sport at the highest level, to those who whish to enjoy their sport on a more social level. Furthermore, the sports coaches are committed to creating an environment in which each pupil is encouraged to play games in the correct manner and spirit.

#### 4. **Vision statement**

Sport activities aim to build the learners' characters and promote team spirit. It also helps to imbue the values of honour and respect in learners.

#### 5. **Communication**

In an effort to streamline communication to the Senior Management of the School, all communication is directed through the Head of the Sporting Code, who will take it up at a Senior Management Meeting. Feedback will then follow the same course down the channel. This channel should be strictly adhered to, unless there are suitable reasons for not doing so. When a parent has lodged a complaint, it has to be addressed promptly and replied to without delay.

It is the responsibility of the Head of the Sporting Code to ensure results are published in the bulletin/newsletter.

### 6. **Fixtures and Tournaments**

It is expected that BPMS will enter into competitions, presentations or fixtures offered, that fall within the boundaries of the sport programme. A minimum of activities entered into is not set, but no child should be withheld the opportunity to participate as often as possible and at the highest level possible. In an effort to improve the competitiveness of our teams and groups, it is important that their skills and abilities are tested against other schools, especially those against our region.

Learners, who are participating in fixture or activities, should change into their appropriate clothes during second break that day. Learners may not leave their class early to participate in a fixture or activity, unless the teacher has been informed.

### 7. **Tours**

It is the responsibility of the coach/es of a particular team, age group or code to arrange tours. Once details have been finalized, the Head of Sport and the Senior Management team must be briefed of the proposed tour. Overseas tours must have the consent of the School Governing Body. On your returning, a report on the tour must be submitted to the principal by the tour leader.

#### 8. Sportswoman/Sportsman of the year award

Awarded to a female/male learner who in the opinion of the sports committee has achieved at the highest possible level in any school sport. Here, one would look at South African colours and records as well as provincial colours and records in a school sport. Leadership of a particular team should be also considered.

#### 9. Dress Code

The dress code for learners is clearly set out in the Code of Conduct. Where special garments are made for teams, tours or activities, samples have to be approved by the Clothes Committee. Colours should match those as set out in the Code of Conduct. Educators must be dressed according to the Dress Code for Educators.

#### 10. **Transport of learners in school busses**

It is the responsibility of the particular educator to ensure that all participants of an activity reach the venue for the activity. Should the learner be unable to reach the venue by own means, school transport must be made available to him/her. Parents are to be informed if private transport is used. Any staff member driving a school bus must be in the possession of a valid Professional Driving Permit (PDP). Where an external bus company is used the school will always endeavour to make use of appropriately registered and reputable companies. Prior to departure the chosen bus company will be required to provide the relevant PDP and driver licenses, the current service record, as well as the pre-trip check document, for each bus provided.

Eating in busses is not permitted and busses must be returned in a clean state.

### 11. First Aid

Suitable First Aid must be available at all practices, matches and competitions. Regulations, as stipulated by a code's regulating union, must be adhered to. Immediate action must be taken and follow up by the coach is expected. The principal and class teacher must be informed of injuries referred to hospital.

No learner may participate in an activity until he/she has fully recovered from an illness or injury. The treatment of injuries where blood is present, must be dealt with in accordance to the school's AIDS policy. An ambulance will be present at all home rugby games. The Head of Code needs to enquire with opposing teams what first aid will be available at away matches.

### 12. **Conduct**

The school Code of Conduct applies during all activities. Learners who disobey school rules must be dealt with according to the school's discipline policy. Appropriate behaviour on and off the field/court must be encouraged at all times. Coaches are expected to create an ethos of sportsmanship at all times. No coach, parent or learner should be permitted to display gamesmanship. BPMS is gracious in victory and accepts defeat. We do not indulge in a culture of blame and will at all times be worthy opponents.

### 13. Coaching development

Coaches should be qualified to coach at the levels they are coaching. New coaching trends and techniques are shared and discussed at weekly sports meetings. Coaches are sent on courses and outside sport personnel are invited to do in-house coaching sessions with BPMS coaches. Student coaches need to be managed and carefully introduced and guided into the routines, requirements and norms that relate to sporting ethos at BPMS

### 14. **Refereeing / Umpiring**

a. Senior Primary

As in coaching, referees/umpires need to attend courses or clinics offered by sports bodies and organizations to update their knowledge of the laws of the game. This is particularly relevant to rugby where the complex laws already in place, change constantly.

b. Junior Primary

At this level of competition, when the occasion arises, there are usually enough staff to cope with the needs of refereeing/umpiring.

### 15. **Parent Participation / Support Expectations**

a. Senior Primary

Parent support is welcomed and encouraged. Personal remarks on referees and instructions to players can under no circumstances be tolerated and parents guilty of such behaviour will be reprimanded. Making use of parents as additional or backup coaches, should they possess the relevant expertise, is a viable option and one that can be utilized from time to time.

Parent expectation at BPMS is understandably high, sometimes unrealistically so. It is imperative that coaches keep meticulous records pertaining to games played by each individual child in their group as well as details such as batting and bowling opportunities, positions played, injuries and attendances at practices. There is movement between "A" and "B" groups, "B" and "C" groups etc. and coaches must send promising players up to higher teams to be looked at.

b. Junior Primary

We use parent participation in coaching sport, in the instance where parents can help with umpiring/refereeing as in Mini Cricket and rugby, the benefits for those children are noticeable. We make allowances for those children whose parents are unable, for whatever reason, to assist in this area. Parents generally manage to arrange to be at sporting functions to support their children and we receive little criticism about the events. Parental expectation is high.

#### 16. **Facilities**

We are obviously blessed at a school like BPMS with the facilities that we have. Facilities are to be shared equitable between all sports as best as can be allocated. The responsibility for the allocation of practice venues and fixtures rests with the Head of Department Sport.

### 17. Equipment

Equipment is generally adequate. Over the years personal equipment, particularly in cricket and hockey has been provided more and more by individual children. Cricket balls are supplied by the school, as are stumps, bails etc. Turf wicket, side screens and bowling machines are part of the major equipment that requires special maintenance and upkeep. Rugby equipment that is provided by the school includes balls, tackles and mauling bags, training cones and beacons, post protectors etc. Major items such as scrumming machines are supplied and will continually be improved upon. All hockey goalkeeping equipment is supplied by the school for goalkeepers from U10 to U13. Equipment in other sports is restricted to items such as tennis nets and balls, stop watches, lane ropes, starting pistols, landing mats, relay batons etc. and these are replaced when necessary.

### 18. **Timetable / Program**

Termly practice timetables are allocated in conjunction with the Head of Department. All sports are timetabled on Monday to Thursday afternoons. Sports practices will run in the agreed times. Coaches are responsible for their teams in all weather conditions during practices.

#### 19. Sport Management

All sport falls under the Head of Department Sport. The Head is responsible for the allocation of resources, financial and physical and must report any deficiencies and needs to the relevant committees.

#### 20. Sports Code of Conduct

Expectations of BPMS sportswoman / sportsman:

- To always play to win, but to play by the rules.
- To always accept the decision of the match official.
- To never take the law into your own hands.
- To support the team captain and recognizes the positive attributes of yourself.
- To always be positive towards your team mates.
- To direct all comments both on and off the field in a positive way.
- To always be dressed correctly.
- To attend all practices, matches and arrive in good time for your match.
- To always co-operate with your coach
- To treat an outside coach with respect in the same way as a teacher.

- To host a visiting player in your home when playing teams from outside.
- To maintain the school's reputation for fair play.

# 21. **Code of Conduct for Parents**

- Children learn best from example set to them.
- Children must never be forced to participate in any sport code. Children should be playing sport for their personal enjoyment, not their parent's.
- Never humiliate or shout at your child if he/she makes a mistake on the field or loses a match.
- Encourage your child to play according to rules and to co-operate with coaches and umpires.
- Continually reinforce the fact that it is just as important to play your best as it is to win.
- Change losing into winning: help your child develop his/her skills and develop a spirit of sportsmanship.
- Acknowledge all good play, no matter from which team.
- Show respect for the opposing team, after all, without their participation there could be no match!
- Set an example. Please refrain from swearing or insulting coaches/umpires publicly.
- Acknowledge and support our volunteer coaches and umpires. They are offering their time and expertise for the good of the game.
- Not every child is a future springbok, some children are simply participating in organized sport.
- Aggression/violence on the field will not be tolerated under any circumstances.

Learners, who repeatedly do not uphold this ethos, should be dealt with firmly.

Consequences:

- 1. Verbal warning and counselling of the child.
- 2. Child is dropped or suspended if behaviour continues and a discussion is held with the parent and child.

# 22. Match Etiquette

# Pre-match:

- 1. The field needs to be setup prior to the opposing school's arrival. Approx. 30min before the scheduled match time.
- 2. The team, coaches and the team's captain need to be there to welcome the opposing school when they arrive.

3. It is the responsibility of the coaches to make sure that all the children are present and correctly dressed.

### During the Match:

- 1. The opposing team must take the field first.
- 2. Our team must clap the opposing team onto the field.
- 3. No negative/hate speech will be tolerated at all during the match.
- 4. Winning and losing gracefully are indicative of good sportsmanship.
- 5. Encourage motivation and building team.
- 6. It is important for our children to show good sportsmanship by shaking hands with the opposing team regardless of the results.

### Post-Match:

- 1. The coach must ensure that there is an article for the newsletter every week. These should be positive and with photo's were possible.
- 2. All match results are to be given to the Head of Sport after every game.

### 23. **Be a sporting spectator**

We appeal strongly to parents to support us in maintaining this code.

Encourage our players, but also show appreciation for good play by our opponents. Never jeer at the opponents or make disparaging comments.

Do not run up and down the touchline or move onto the field of play. This is physically dangerous to you and the player. In addition, the actions of an overenthusiastic, partisan spectator can inflame the feelings of the players to the point where they lose self-control.

Do not become involved in arguments with supporters of the opposing school.

A steady stream of advice to the players from the sidelines can be unsettling and confusing. "Coaching" is not allowed.

Criticism of the referee or umpire is not only unsporting, but it is also spoils the whole atmosphere of the game and unsettles the players. Abuse of the referee is totally unacceptable.

Exercise self-control and maintain a sense of proportion. If your team is losing, it is not a major tragedy!

#### Important reminders for those participating in sports.

Pupils sign up at the start of the season, and are committed for the full duration of the season.

Pupils may not miss a practice unless excused by the teacher responsible. Normally this should take the form of a note from the parent, which should be handed to the teacher before the practice and as early as possible on the day concerned – not later than first break.

Missing a match or coming late for a match is a serious offence. Every player should have the means of communicating with his/her staff coach or team captain in case an emergency arises: exchange phone numbers!

In the case of rain, every pupil must turn out for a match unless it is certain that the match has been cancelled. For practices, sports clothes must be brought to school even when it is raining in the morning.

Strict attention must be paid to clean, correct dress.

Coaches:

Extra mural coaches are employed by the school in question – the Head of Sport based on the school's specific needs.

The employment of an outside couch is subject to the following criterion:

1. Qualifications:

"Boksmart" certificate (Rugby)

- 0/9 1<sup>st</sup> Level one couch Healthy and balanced life philosophy and world view
- 0/7 0/8 Enthusiastic coach Healthy and balanced life philosophy and world view Dependable

Parents as coaches will only be considered if there is a shortage of teachers, and if they possess the necessary knowledge and experience.

Indemnity for outside couches:

Outside couches act in service of BPMS and is therefore protected and covered by the school's insurance should any incident take place.

Remuneration of outside coaches:

A remuneration package is assembled by:

- 1. School Principal
- 2. Head of Sport
- 3. Treasurer

Above mentioned remuneration package may differ from sport type to sport type depending on qualifications that outside coaches may hold.

The Sport committee reserves the right to terminate employment immediately should the coach in question abandon school policy.

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